FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| STATEMENT | OF CHANGES | IN BENEFICIAL | OWNERSHIP |
|-----------|-------------------|---------------|------------------|

2. Issuer Name and Ticker or Trading Symbol

| l | OMB APPRO | VAL |
|---|------------------------|-----------|
| l | OMB Number: | 3235-0287 |
| l | Estimated average burd | en |
| l | hours per response: | 0.5 |

5. Relationship of Reporting Person(s) to Issuer

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

1. Name and Address of Reporting Person*

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| POPS 1 | RICHAR | <u>D F</u> | | | $ \frac{\mathbf{A}}{\mathbf{A}} $ | <u>lkern</u> | nes | <u>plc.</u> [| ALKS | 5] | | | I ' | eck all appli X Directo | or | | 10% Ov | |
|---|---|--|------------|----------------|--|---|-------------------------|------------------|---|---------------|--|--|---|---|---|---|--------|--|
| (Last) (First) (Middle) CONNAUGHT HOUSE 1 BURLINGTON ROAD | | | | | | Date of /05/20 | | est Trar | nsaction | (Mont | th/Day/Year) | | helow) | Officer (give title below) Director and CEO | | Other (s below) ermes p | | |
| (Street) DUBLIN 4 IRELAND (City) (State) (Zip) | | | | 4. 1 | 4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (C Line) X Form filed by One Reportin Form filed by More than Or Person | | | | | | | | | | | g Persor | 1 | |
| | | Tab | le I - N | lon-Der | ivativ | e Sec | curit | ies A | cquire | ed, D | isposed o | f, or B | eneficial | ly Owned | i | | | |
| Date | | 2. Transac Date (Month/Da | | Exec if any | 2A. Deemed Execution Date, f any (Month/Day/Year) | | | | 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and | | | | es ially Following | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | rect direct 4) | 7. Nature of Indirect Beneficial Ownership | | |
| | | | | | | | Code | v | Amount | (A) or (D) | Price | Reported Transaction(s) (Instr. 3 and 4) | | | | (Instr. 4) | | |
| Ordinary Shares | | 08/05/ | 08/05/2013 | | | | M ⁽¹⁾ | | 50,000 | A | \$12.16 | 48 | 483,916 | | | | | |
| Ordinary Shares | | 08/05/2013 | | | | M ⁽¹⁾ | | 49,625 | A | \$14.57 | 53 | 3,541 | D | | | | | |
| Ordinary Shares 08/05/2 | | | | 2013 | 13 | | S ⁽²⁾ | | 88,925 | D | \$34.846 | (3) 44 | 4,616 | D | | | | |
| Ordinary Shares | | | 08/05/ | 5/2013 | | | | S ⁽²⁾ | | 10,700 | D | \$35.408 1 | (4) 43 | 3,916 | D | | | |
| | | - | Table I | | | | | | - | | posed of, | | - | Owned | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | if any | | 4. Transa | ransaction of Exp ode (Instr. Derivative (Mo | | 6. Dat | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) | | 8. Price of Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4) | Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | Beneficial Ownership (Instr. 4) | | |
| | | | | | Code | v | (A) | (D) | Date Exerc | isable | Expiration Date | Title | Amount or Number of Shares | | | | | |
| Non Qualified Stock Option (Right to Buy) | \$12.16 | 08/05/2013 | | | M ⁽¹⁾ | | | 50,000 | (| 5) | 12/10/2013 | Ordinary Shares | 50,000 | \$0 | 34,125 | 5 | D | |
| Non Qualified Stock Option (Right to Buy) | \$14.57 | 08/05/2013 | | | M ⁽¹⁾ | | | 49,625 | (| 5) | 10/17/2013 | Ordinary Shares | 49,625 | \$0 | 0 | | D | |

Explanation of Responses:

- 1. This option exercise was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person.
- 2. This sale was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person.
- 3. The price reported in Column 4 is a weighted average price. The shares were sold in multiple transactions at prices ranging from \$34.33 to \$35.325. Full information regarding the number of shares sold at each separate price can be furnished to the SEC staff upon request.
- 4. The price reported in Column 4 is a weighted average price. The shares were sold in multiple transactions at prices ranging from \$35.3325 to \$35.53. Full information regarding the number of shares sold at each separate price can be furnished to the SEC staff upon request.
- 5. These options are fully vested in accordance with their terms.

/s/ Jennifer Baptiste, attorneyin-fact for Richard F. Pops

08/05/2013

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.